Broadband enriches the lives of seniors

Broadband technology provides life-changing applications that give seniors additional options to enhance retirement and lead more independent lives.

Broadband offers countless benefits to seniors.

Health Care

- **Telemedicine**: Broadband can reduce office and emergency room visits, make hospital stays shorter and less frequent, and reduce patient travel time.

- **Home Care**: Telemedicine and in-home health monitoring services can reduce the need for nursing home care and reduce hospital visits in duration and frequency.

- **Emergency Health Assistance**: Broadband-enabled medical devices are life saving technologies that can provide seniors with the ability to track when they need to take their medication and can alert 911, caregivers and family members, as well as unlock doors for first responders, in an emergency.

- **Online Prescription Efficiency**: Prescription medications can be ordered online and delivered to homes, reducing trips to the pharmacy and making it easier to obtain medications for those with mobility issues.

- **Video Monitoring**: Video-enabled monitoring devices give family members peace of mind in case of a fall or injury.

- **Cost Savings**: Broadband-based health resources for seniors and the disabled could save $927 billion in health care costs over the next few decades.*

Social Interaction

- **Expanded Social Activity**: Broadband connectivity can expand social circles, helping seniors reach people across the street or across the world.

- **Connection To Loved Ones**: Video chatting with real-time audio and video connects seniors to grandchildren, friends and other family members.

Services Directly from Home

- **Household Efficiencies**: Seniors can pay bills or check bank accounts online, or even shop for groceries and have them delivered to their front door.

- **Lifestyle Conveniences**: Scheduling appointments, ordering food for delivery, and requesting pick-up service for everything from dry cleaning to mailing packages is made more efficient and accurate by using online tools.

**AT&T: Changing Lives for Seniors Through the Use of Technology**

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